

Aimee E. Anderson, LCSW, BCD

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CURRICULUM VITAE

EDUCATION

Barry University, Miami Shores, Florida
Masters of Social Work (M.S.W.), 1990

University of Miami, Miami, Florida
Bachelors of Arts, 1987

Ethical Culture School, Riverdale, New York

WORK / EXPERIENCE

Psychotherapist, Miami, Florida

December 2005 – Present

Duties: Working with adults, adolescents, children and families who are experiencing a variety of symptoms and mental illnesses, such as ADHD, oppositional defiant behavior, eating disorders, self injurious behavior, poor self-control, adjustment disorders, grief, loss, trauma, those referred by the courts, and co-parenting parenting skills. Utilizing individual, play therapy, cognitive / behavioral therapy, crisis intervention; as well as marital and family therapy. Facilitation of various therapeutic, psycho educational, support groups and parenting skills training classes.

Psychotherapist, Miami, Florida

2010 – Present

Duties: Critical incident / crisis debriefing at various companies on sight.

Anxiety and Stress Management Center, Inc., Miami, Florida

Independent Contractor

August 1992 – December 2005

Duties: Working with clients who have had a psychological trauma, high physical and emotional impairments caused by anxiety, depression, and a variety of other mental illnesses. Utilizing individual therapy techniques with children, adolescents, and adults as well as marital and family therapy. Facilitation of various therapeutic, psycho educational, support groups and parenting skills training classes.

Jackson South Community Hospital, Miami, Florida (Formerly Deering Hospital) Clinician

August 2002 – August 2010

Duties: Intervention, assessment and referral on O.B. Unit with at risk mothers and newborns. Working with families of those hospitalized needing help obtaining and establishing living wills, proxy's and surrogates. Filling out and filing with

the court all necessary paperwork for those hospitalized involuntarily and/or those assessed to be incompetent.

Redlands Academy, Miami, Florida
School Counselor 1994-1995 School Year

Duties: Individual, group and family counseling for middle and high school age youth with social, academic, and behavioral special needs. Facilitating peer mediation, conflict resolution, anger management, as well as parent skills and stress management training for parents, teachers, and school administrators.

Jackson South Community Hospital, Miami, Florida (Formerly Deering Hospital) Clinical Therapist
March 1994 – Present

Duties: Individual, group and family therapy, as well as discharge planning for high and low functioning adults, adolescents, and children on acute care psych unit for those mentally challenged, suicidal, homicidal, and severely psychotic or those who are dually diagnosed.

HCA Grant Central Hospital, Miami, Florida
Team Leader March 1992 – August 1993

Duties: Combining clinical management, assessment and supervision of assigned patient team on a 24-hour basis. This included provision of group therapy, as well as organizing and directing treatment resources, goals and patient progress. Duties also included facilitation of family support groups and parenting classes.

La Petite Academy Preschool Inc., Miami, Florida
Director May 1990 – March 1992

Duties: Combining clinical management, assessment and supervision of assigned patient team on a 24-hour basis. This included provision of group therapy, as well as organizing and directing treatment resources, goals and patient progress. Duties also included facilitation of family support groups and parenting classes.

Guardian Ad Litem, Miami, Florida Internship
Child Advocate June 1989 – September 1990

Duties: Establishing independent evaluations and representing the best interests of abused and neglected children in court.

Metro-Dade Department of Youth and Family Development, Miami, Florida
Internship Counselor September 1988 – June 1989

Duties: Providing counseling services to individuals, families, and children. Structuring and facilitating various support groups as well as coordinating home and school visits.

The Bridge, Miami, Florida Internship
House Parent June 1987 – June 1988

Duties: Providing supervision, supervising activities, as well as caring for overall well being of children and adolescents in a shelter setting. Placement was due to acting out or runaway behavior and/or being taken out of the home on a short term basis due to abuse and/or neglect.

Catholic Home for Children, Miami, Florida

Child Care Worker/Counselor

May 1986 – June 1987

Duties: Supervising children activities and providing emotional support and guidance to abused, neglected and delinquent juveniles.

**LICENSES/
CERTIFICATION**

Licensed Clinical Social Worker

State of Florida

December 2005 – Present

License #SW 3443

Certified Domestic Violence Counselor (CDVC)

Academy of Certified Domestic Violence Counselors

National Association of Forensic Counselors

State of Florida

March 1999 – Present

Certification #21047

Board Certified Diplomat in Clinical Social Work (BCD)

State of Florida

October 1998 – Present

BCD #27419

American Red Cross National Volunteer

American Board of Examiners in Clinical Social Work

February 1999 – Present

Clinically Certified Juvenile Treatment Specialist

State of Florida

July 2013 – Present

**AFFILIATIONS/
MEMBERSHIPS**

2004 – 2005

Global Directory of Who's Who

2000 – 2010

Association for the Advancement of Social Workers

1997 – Present

Clinical Social Work Association of South Florida

1993 – 1995

American Counseling Association (A.C.A.)

1992 – 1993

Oxford's Who's Who of Extraordinary Professionals

1990 – 1999

National Association for Education of Young Children

1988 – Present

National Association of Social Workers

**PRESENTATIONS/
WORKSHOPS**

Anderson, A. and Laurence, K. (March 1998) How to Parent and Remain Sane,

Alper Invited Presenter Third Annual Parenting Conference. Dave and Mary Jewish Community Center, Miami, Florida

Anderson, A. (February 1994) One Vision Many Paths. Invited Presenter Tenth Annual Early Care Educator Conference. Miami-Dade Community College North Campus, Miami, Florida

Anderson, A. (September 1993) Post Traumatic Stress Syndrome Children.
Invited Presenter Child Resource and Referral Center. Miami-Dade Community
College, Miami, Florida

Anderson, A. (March 1993) Recognizing and Managing Stress. Paper presented to
Easter Seals of Miami, Miami, Florida

References available upon request.